

# Academy Topic: Possession/Passing

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## Activity

## Coaching Points

### 1<sup>st</sup> Activity (warm-up)-“Sequence Passing”:

2 groups, each group has a ball, players are numbered 1 thru 5(7) and must pass in that sequence. (1 to 2, 2 to 3, and so on).

The groups have to play through, over, and around each other. Can progress to one group trying to gain possession of both balls.

Right types of passes, ways to receive, working with group, communication and vision. All passing is done on the move, no standing still.

### 2<sup>nd</sup> Activity-“Possession / 5v1”:

2 even groups, 1 in each grid, 1 ball, try to complete a number of passes, then play ball to other grid to score. Once ball is played to other grid, 1 player goes to break up passes, if successful take ball back to their grid.

Communication, accuracy and quickness of pass. Spread out and use all space in grid.

### 3<sup>rd</sup> Activity-“End-Line Game”:

Directional game, each team tries to score by possessing ball over end-line. To score, must have ball under control by passing to team mate or dribbling over end-line. Progress to stopping the ball on end-line to score.

Same as above.

### 4<sup>th</sup> Activity-“Small Side Game”:

Put players in even groups and let them play.

Coach in the flow, encourage kids to keep possession and play as a group.